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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Sarah Wall, Berwyn Personal Care	No	Tel: 07484206240 Email: sarah@berwynpersonalcare.co.uk	Older peoplePeople with disabilities	 Personal care Medication prompting Support with meals Housework Shopping Appointments 	Llangollen
Katy Roberts, Private Carer	No	Tel: 07591970394 Email: katyrobertspc@gmail.com	Older peoplePeople with disabilities	 Personal care Support with meals Housework Shopping Appointments Companionship 	LlangollenLlandeglaBryneglwysLlanarmon-yn-lal

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Hazel Dorling, Supporting a Friend Everyday (S.A.F.E.)	No	Tel: 07894540356 Email: checkinandchat00@gmail.com	 Older people People with disabilities Bereaved people 	 Personal care (some) Telephone / face to face check in and chat Trips out Bereavement support Advocacy Companionship 	Within a 10 mile radius of Rhyl
Toni Morgan- Brown, Consistency of Care	No	Tel: 07765534691 or 07810294947 Email: consistencyofcare@gmail.com	People with dementiaOlder people	Live in carePersonal careRespite care	Across Denbighshire
Christie Evans, Indigo Care	No	Tel: 07787757879 Email: indigocare22@gmail.com	Older peoplePeople with disabilities	Personal careHouseworkSupport with mealsTrips out	Ruthin and nearby villages

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Kath Kirwin, Rural Homecare	No	Tel: 07985273002 Email: <u>kathkirwin@btinternet.com</u>	Older people	Personal careHouseworkShoppingAppointments	Prestatyn and nearby villages
Lisa, Care Mate	No	Tel: 07717873202 Email: <u>lisaloxbox@gmail.com</u>	Older people	 Personal care Housework Shopping Appointments Companionship Respite care 	Ruthin
Fiona Goward, Ethical Care	No	Tel: 07902580123 Email: fionagoward88@gmail.com	Older peoplePeople with disabilities	 Personal care Housework Shopping Appointments Companionship Trips out 	Prestatyn Rhyl

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Lorna Jones, LMJ Care & Support	No	Tel: 07795577826 Email: lornaloopygirl42@gmail.com	Older people	 Personal care (some) Housework Shopping Appointments Companionship Trips out 	Ruthin and nearby villages
Amber Harrison, Follow Your True Path	No	Tel: 07904164844 Email: hello@followyourtruepath.com	Older peopleCarers of Older people	wellbeing through	Llangollen
Dani Whines, Community Foot Care	No	Tel: 07530221122 Email: dani@communityfootcare.co.uk	Adults with foot care needs	Foot care treatments	Across Denbighshire
Tracey English, Toe-tal Foot Health	No	Tel: 07717569442 Email: getracey65@gmail.com	Adults with foot care needs	Foot care treatments	RuthinDenbigh

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Sarah Edwards, Physiotherapy	No	Tel: 07590268955 Email: info@sarahedwardsphysio.co.uk	Older people	 Assessment and treatment of falls (complex) Preventing falls Rehabilitation after surgery Stroke rehabilitation Caring for chronic chest conditions 	Across Denbighshire
Karen Bell, Make it Yours Home Support	Yes	Tel: 07788457475 Email: kaz.siglen@gmail.com	Older people	 Housework Support with meals Shopping Appointments Trips out Support with correspondence 	RuthinDenbighSt Asaph

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Heather Fairs, Happy to Help	No	Tel: 07941915223 Email: heather.fairs@sky.com	Older peopleCarers of Older people	HouseworkCleaningShoppingErrandsCompanionshipGardening	Rhyl
David Owen- Booth, HomeTech Wales	No	Tel: 07909225315 Email: info@hometech.wales	Older people	 Professional technology services Property maintenance DIY Bespoke design and joinery 	Within a 20 mile radius of Dyserth
Ruth Bell, Peace of Mind	Yes	Tel: 07872335676 Email: <u>harls118@aol.com</u>	Older people	Respite careCompanionshipShopping	Ruthin Denbigh

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Alison Doring, A1 Helping Hands	No	Tel: 07549149728 Email: doringalison01@googlEmail.com	Older peoplePeople with disabilities	 Personal care Housework Shopping Appointments Companionship Trips out 	Ruthin and nearby villages
Tanya Jones, Happy Home Care	No	Tel: 07551446390 Email: happyhomecare30@gmail.com	Older people	 Personal care Housework Companionship Shopping Support with meals 	Ruthin
Rowena Lloyd- Thomas, The Caring Kind Home Help	No	Tel: 07887361021 Email: thecaringkind2u@gmail.com	Older people	HouseworkLaundryShoppingCompanionshipErrands	Rhyl

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Gale Ward, Gale's Home Help	No	Tel: 07553190377 Email: gale2727@outlook.com	Older people	HouseworkCleaningCookingShoppingRespite care	Prestatyn
Emily, Artful Nature	No	Email: artfulnaturenorthwales@gmail.com Website: Artful Nature	Older peoplePeople with disabilities	Guided walksMovement and well-beingCreative artsYoga	Llangollen
Sian Cryer, Blue Orchid Care	No	Tel: 07526921956 Email: blue-orchid-care@outlook.com	Older peoplePeople with disabilities	 Personal care Housework Medication prompting Shopping Cleaning Support with meals 	Llangollen

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Jenny Hughes, Kind Hands	No	Tel: 07513057243 Email: kindhandsprivatecare@outlook.com	 Older people People with disabilities 	 Personal care Cleaning Support with meals Appointments Shopping Companionship Dog walking Short guided walks Trips out Hobbies 	PrestatynMelidenDyserth
Tracy Fletcher, ICare	No	Tel: 07732915713 Email: nanny1962@icloud.com	Older peoplePeople with disabilities	Personal careCleaningSupport with mealsAppointmentsShoppingCompanionship	Ruthin

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Sue Parry, Serene Support	No	Tel: 07818411094 Email: Sue.parry@icloud.com	Older peoplePeople with disabilities	 Personal care Cleaning Support with meals Appointments Shopping Companionship 	St Asaph
Rebekah Woodcraft First Step Support	No	Tel: 07850217683	Older peoplePeople with disabilities	 Housework Cleaning Cooking Support with meals Trips out Shopping Companionship 	Denbigh
Stephanie Wong Steph's Helping Hands	No	Tel: 07888653869	Older peoplePeople with disabilities	HouseworkShoppingTrips outCompanionshipCleaningCooking	Rhyl

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Carol Thomas Care Companion	No	Tel: 07787842244 Email: ctcarolthomas1@gmail.com	Older peoplePeople with disabilities	HouseworkShoppingTrips outCompanionshipCleaningCooking	Ruthin
Katy Walker CKJ Care	No	Tel: 07729000084 Email: ckjcareltd1@gmail.com	 Older people People with disabilities 	 Personal care Cleaning Support with meals Appointments Shopping Companionship Dog walking 	St AsaphRhuddlan
Rob Jones Rob's Gardens	No	Tel: 07585707306 Email: Rob75robert@gmail.com	Older People People with disabilities	GardeningDIY	Across Denbighshire

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Jane Hughes Clwydian Care	Yes	Tel: 07944927099 Email: Ads931@btinternet.com	 Older People People with disabilities 	 Housework Shopping Trips out Companionship Cleaning Cooking Dog walking Gardening 	St Asaph
Andrew Nelson Nelson's Micro- Care	No	Tel: 07355689244 Email: andy@nelsonsmc.co.uk	 Older People People with disabilities Young People(aged 14 – 18years) 	 Housework Shopping Trips out Companionship Cleaning Cooking Dog walking Professional technology Services Personal care for young people 	Prestatyn

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
L.E.A.H – Letting Everyone Access Help Leah Taylor	No	Tel: 07910060442 Email: leahntaylor@icloud.com	 Older People People with disabilities 	 Housework Shopping Trips out Companionship Cleaning Cooking Dog walking 	Prestatyn
Mandy's Homely Help Mandy Roberts	No	Tel: 07917318819 Email: mandyhomelyhelp@outlook.com	 Older People People with disabilities 	 Housework Shopping Trips out Companionship Cleaning Cooking Dog walking Gardening 	St Asaph

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Supportive Solutions Nicola Jooste	No	Tel: 07920054258 Email: nickywernbach@hotmail.co.uk	 Older People People with disabilities Young People(aged 14 – 18years) 	 Housework Shopping Trips out Companionship Cleaning Cooking Dog walking Personal care for young people 	St Asaph, Bodelwyddan and surrounding area
Lee's Cleaning Service, Jonathon Lee	No	Tel: 07300818562	Older PeoplePeople with disabilitiesYounger People	Cleaning	DenbighBodfari

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Guardian Home Care, Dean Plant	No	Tel: 07748666426 Email: guardianhomecare23@yahoo.com	Older People People with disabilities	 Personal care Cleaning Support with meals Appointments Shopping Companionship Gardening DIY Cooking 	PrestatynRhyl
MKH Care	No	Tel: 07864385856 Email: mkhhomecare23@yahoo.com	Older People People with disabilities	 Personal care Cleaning Support with meals Appointments Shopping Companionship Cooking 	PrestatynRhyl

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Peter Greulich, Safe Harbour Services	No	Tel: 07776257447 Email: p.greulich944@gmail.com	 Older People People with disabilities 	 Cleaning Support with meals Appointments Shopping Companionship Cooking Gardening Trips out 	Denbigh
Joanne Dixon, Breakthrough Health & Wellbeing Solutions	No	Tel: 07731833011 Email: contact@breakthroughhealthsolutions.co.uk	Older People People with disabilities	 Cleaning Support with meals Appointments Shopping Companionship Cooking Gardening Trips out Personal Care 	Across Denbighshire

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Hannah Vallance, SIAH (Supporting Independence at Home)	No	Tel: 07769237566 Email: SIAHDENBIGHSHIRE@GMAIL.COM	 Older People People with disabilities 	 Personal Care Cleaning Support with meals Appointments Shopping Companionship Cooking Gardening Trips out 	Ruthin
Juliet Itive, Juliet's Kind Care	No	Tel: 07776749086 Email: itive83@gmail.com	Older People People with disabilities	 Personal Care Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	Prestatyn area

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Nerys Jones, NJ Care & Support	Yes	Tel: 07799750931 Email: nerysj18@gmail.com	 Older People People with disabilities 	 Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out Gardening 	Denbigh
Laura Jones, Independence	No	Tel: 07816250613 Email: independenceprivatecare@gmail.com	 Older People People with disabilities 	 Hairdressing Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	RhylPrestatyn and surrounding areas

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Shirley Taylor Private Care	No	Tel: 07873894277 Email: shirleytaylor0910@gmail.com	 Older People People with disabilities 	 Personal Care Medication prompting Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	BodfariDenbighLlandyrnog
Melissa Clark Care by Mel	No	Tel: 07515644831 Email: melissa.jane1975@hotmail.com	 Older People People with disabilities 	 Personal Care Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	RhylRuthin

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Nathan Jones, Your Time Support Services	Yes	Tel: 07552252438 Email: nawrian@icloud.com	Older People People with Disabilities	 Support with meals Appointments Shopping Companionship Cooking Trips out 	Prestatyn area
Sarah Morgan, Hiraethog Home Comforts	No	Tel: 07825738736 Email: sarahcmorgan76@outlook.com	Older People People with Disabilities	 Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out Gardening 	CorwenRuthin

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Catherine Jones, Home Genie	No	Tel: 07842310935 Email: homegenie2024@outlook.com	 Older People People with Disabilities 	 Personal Care Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	DenbighRuthin
Rachel Ryland, RRR Support	No	Tel: 07777495272 Email: RRRuthin@gmail.com	 Older People People with Disabilities 	 Cleaning Medication prompting Support with meals Appointments Shopping Companionship Cooking Trips out 	Ruthin

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Laura Burkhill, TLC Providers	No	Tel: 07985976092 Email: tlcprovider@yahoo.com	 Older People People with Disabilities 	 Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	Ruthin
Jodie Pike, Happy Hearts Help	No	Tel: 07776305729 Email: mrsjodiepike@hotmail.com	 Older People People with Disabilities 	 Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	Ruthin

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Debra Hughes, Count on a Smile	No	Tel: 07521843812 Email: countonasmile@gmail.com	Older People People with Disabilities	 Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	PrestatynRhylMelidenRhuddlan
Della Black, Flourish Home Support	No	Tel: 07397266377 Email: dellasflourishathome@gmail.com	Older People People with Disabilities	 Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	DenbighHenllan

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Ashleigh Condon, Cosy Care	No	Tel: 07795549828 Email: ashleighcondon@gmail.com	 Older People People with Disabilities 	 Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	Rhyl Rhuddlan
Matthew Kerry, Inspirational Support	No	Tel: 07917632823 Email: mattykerry.1@outlook.com	 Older People People with Disabilities 	 Personal Care Medication prompting Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	DenbighSt AsaphRuthin

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Julie Evans Julie home care	No	Tel: 07493213374	Older people	ShoppingDog walkingCleaningCompanionshipAppointmentsTrips out	RhylSt Asaph
Ruth Jones Home from Home	No	Tel: 07766202691 Email: ruthy.jones@btinternet.com	Older people	CookingDog walkingCleaningCompanionshipTrips out	Ruthin
Racel Lewis Care with Love	No	Tel: 07710161923 Email: carewithlove2024@gmail.com	Older People People with Disabilities	 Personal Care Medication prompting Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	PrestatynRhylSt Asaph

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Michelle Maley Mam Cares	No	Tel: 07789672188	 Older People People with Disabilities 	 Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	RhylRhuddlanDyserth
Tracey Griffiths TMG	No	Tel: 07947172608 Email: tmg.communitycare@gmail.com	Older People People with Disabilities	 Personal Care Medication prompting Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	RuthinDenbighLlandyrnogGellifor

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Amanda Rafferty A R Care Services	No	Tel: 07910804553 Email: a.rafferty@mail.com	 Older People People with Disabilities 	 Personal Care Medication prompting Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	Prestatyn
John Worthington Mr Shine	No	Tel: 07876251987 Email: mrshine1926@gmail.com	Older People People with Disabilities	 Personal Care Medication prompting Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	RhylBodelwyddyanSt Asaph

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Emma Gray TW Care	No	Tel: 07528672474 Email: twcorwen@gmail.com	 Older People People with Disabilities 	 Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	CorwenLlandrilloLlangollenRuthin
Lorraine Robinson Here to Help	No	Tel: 07969985614 Email: HeretoHelp24@outlook.com	Older People People with Disabilities	 Personal Care Medication prompting Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	RhylPrestatynRhuddlanDyserth

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Chris Salter Salter's Micro- care	No	Tel: 07716164087 Email: saltersmicrocare@yahoo.com	 Older People People with Disabilities 	 Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	RhylRhuddlanPrestatyn
Caroline Maddocks Caroline's Care Solutions	No	Tel: 07590584641 Email: callymaddocks1@hotmail.com	Older People People with Disabilities	 Personal Care Medication prompting Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	PrestatynRhuddlanRhyl

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Sarah Douglas Premier Cleans & Private Carer	No	Tel: 07955591435 Email: premiercleans@hotmail.com	 Older People People with Disabilities 	 Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	PrestatynRhylSt Asaph
Racel Lewis Care with Love	No	Tel: 07710161923 Email: carewithlove2024@gmail.com	Older People People with Disabilities	 Personal Care Medication prompting Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	PrestatynMelidanSt Asaph

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Audrey Finnan CarePlus Denbighshire	No	Tel: 07419120359 Email: audreycfinnan@aol.com	Older People People with Disabilities	 Personal Care Medication prompting Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	Prestatyn
Katherine Masterman Kathy's Care	No	Tel: 07557022532 Email: katherinemasterman@gmail.com	Older People People with Disabilities	 Personal Care Medication prompting Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	PrestatynRhylMelidan

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Nest Jones Hand in Hand	Yes	Tel: 07917387620 Email: nest.jones@yahoo.co.uk	Older PeoplePeople with Disabilities	 Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	RuthinCorwenRhyl
Pepita Cretney, Pep's Microcare	No	Tel: 07979101307 Email: pepicretney@gmail.com	Older People People with Disabilities	 Personal Care Medication prompting Cleaning Support with meals Appointments Shopping Companionship Cooking Trips out 	PrestatynMelidanSt Asaph

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Karen Jones Counsellor and Emotional Wellbeing Practitioner	Yes	Tel: 07743447435 Email: karenjones@sky.com	 Older People People with Disabilities 	 Counselling Wellbeing Practitioner Cleaning Shopping Companionship Trips out 	OnlineRhylPrestatynRhuddlan

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